

Rocky Hill Parks & Recreation Department Pool Rules & Regulations

Rules to know before entering

- No one allowed in water unless lifeguard is on duty.
- Admission is by current pool badge or daily fee. Pool badges must be shown or daily fee paid upon entry. If no proof of Rocky Hill residency is shown, non-resident fee must be paid.
- Proof of residency: a driver's license with RH address on front, or photo ID and mail with name and RH address.
- Pool badges are non-transferable, and proof of Rocky Hill residency is required to purchase. Persons transferring badges will be denied swimming privileges with no refund given. No rain-checks will be issued.
- Town of Rocky Hill is not responsible for lost or stolen articles
- No child under 12 years old may be left unattended at the aquatic facility without a responsible adult age 18 and over
- Persons under the influence of drugs and/or alcohol will not be permitted within the aquatics facility.
- Proper swimming attire (bathing suit) is mandatory. No pants, cut-offs, shorts or T-shirts allowed.
- Children under 6 years of age and non-swimmers are permitted in the wading pool when accompanied by a person of high school age or older. A child at least 45" tall and able to swim may use the main pool outside or the indoor pool.
- A non-swimmer who is at least 45" tall may use the main pool if accompanied by a parent or adult. Infants and toddlers in an adult's arms are the responsibility of the adult. This is only permitted in the shallow end.
- Lap swim and adult swim are for ages 18 and up. ID required
- No dogs or other animals permitted inside the aquatic facility – with the exception of Dog Day at the Pool.
- No food, drink, gum permitted within the facility.
- No smoking allowed on any Town property.
- Electric devices (such as shavers, hair dryers, curling irons, etc.) are not allowed within the aquatic facility.
- No glass of any kind is permitted in the aquatic facility.
- No bicycles, in-line skates, skateboards, or beach umbrellas are permitted in pool area.
- No swim or flotation equipment of any kind is allowed in pool, except when being used by Recreation Dept. activity. SCUBA equipment, including mask, fins and snorkel, is prohibited.
- No weapons of any kind shall be permitted on the premises.

Sanitation & Safety

- Patrons must respond to and obey any lifeguard's one short whistle blast.
- Visiting with or distracting lifeguards on duty is prohibited
- During thunder and/or lightning, the pool and fenced in area will be closed and be evacuated for 30 minutes after the last sign of storm.
- By state law, all persons shall bathe with warm water and soap before entering pool.
- Persons with the following in evidence will be refused pool admission:
 - Skin disease
 - Sore or inflamed eyes
 - Colds or flu
 - Nasal or ear discharge
 - Communicable diseases (by state law)
 - Excessive sunburn
 - Open blisters, cuts, bandages or casts
- By state law, spitting or blowing nose in pool is prohibited.
- Do not use our pool if you have diarrhea.
- No changing of diapers allowed on the pool deck – changing stations are provided in locker rooms.
- Only pool personnel permitted in lifeguard chairs.

The aquatic staff have the final decision regarding all pool rules and their judgment must be respected.

- Disposable diapers are not allowed in the pool. Cloth diapers with tight fitting rubber pants or swim diapers must be worn for anyone not toilet trained.
- Pool toys must be checked and approved by guard in wading pool area. No pool toys allowed in main pool or indoor pool.
- Any swimmer who is not able to swim 2 widths of front crawl in good form with their face in the water without stopping will not be allowed in the deep end. The lifeguards can use their discretion if not comfortable with swimming ability.
- Prolonged underwater breath holding prohibited.
- Running, boisterous or rough play, profanity, or any other behavior affecting the safety and comfort of others is prohibited within the aquatic facility.
 - Examples; dunking, pushing, chicken fights, and hanging on the backs of other swimmers
- Kickboards are for lap swim only.
- Children age 6 and up must change in gender appropriate locker room.

Diving Rules

- No diving allowed at outdoor pool at any time.
- Diving is only allowed from deep end wall at indoor pool and from the diving board.
- No person is allowed on starting blocks, except when being used for a Recreation Dept. program.
- Diving board fulcrum must be in forward most position
- One person on diving board at a time.
- No running on board.
- Area in front of diving board must be clear at all times.
- Swim directly to the side ladders after each dive.
- All dives must be made forward, straight off the board
- No double bouncing, backward dives, flips, twists or sit-drops allowed.
- No hanging on the board from pool.
- Non-swimmers will NOT be allowed off board.
- Adults may not catch children off the end of the board or assist them on the board.
- Divers who are reckless while diving will be removed from the diving area.

Consequences for Rule Violations

(All incidents will be documented)

- Violators of rules will face suspension or revocation of pool privileges. When privileges are revoked or suspended, no refund of admission fees, season or daily, will be made.
- First violation-Verbal warning
- Second violation- 15 minutes detainment from the pool
- Third violation- Dismissal from facility for one day. The Police Department will be contacted in extreme cases.
- Repeated violations will result in termination of facility privileges for the season or permanently.

Cause from Immediate Removal from Pool

- Creating a hostile environment for employees or patrons, which includes:
 - Fighting
 - Swearing at or threatening staff members or patrons
 - Discriminatory language or behavior
 - Vandalism of pool equipment or property
 - Any type of harassment

The Town of Rocky Hill reserves the right to change existing rules, regulate hours of use, and enact new rules to meet the changing conditions at the municipal pools.

All regulations cannot be placed on paper – Please use common sense when making decisions!